FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* Nelson S James				2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) NINE GREENWAY PLAZA, SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 05/16/2014							Office	r (give title belo	ow)	Other (speci	y belov	v)		
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
HOUST	ON, TX 77	046													one responding			
(City	r)	(State)	(Zip)			Ta	ble I	- Non	-Deri	ivative	Securities	Acqui	red, Disp	osed of, or I	Beneficially	Owned		
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)				f Code (Instr. 8)		(A) or Disposed o (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		Ownership Form:		7. Nature of Indirect Beneficial	
				(Mor	(Month/Day/Year)			ode	V	Amour	(A) or nt (D)	Price	(Instr. 3 and 4)		Direct (E or Indirect (I) (Instr. 4)	direct (Instr. 4)		
COMMON STOCK 05/16/2014		05/16/2014				P	·	2,500	1 1	\$ 14.79	53,685		D					
			Table II - 1					1 :quire	the fo	orm dis	splays a o	currer eficial	ntly valid	uired to res				
	1_		1								tible secur							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transactior Date (Month/Day/\)	Execution Da Year) any	te, if Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Undo Secu	tle and bunt of erlying rities r. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Owne Form Deriv Secur Direct or Inc	of ative ity: (D) irect	Beneficial Ownership (Instr. 4)		
				C	Code	V	(A)		Date Exer	cisable	Expiration Date	Title	Amount or Number of Shares					

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Nelson S James NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046	X					

Signatures

/s/ Thomas F. Getten, as attorney-in-fact	05/19/2014
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.