FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting Person* Israel Robert I			2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) NINE GREENWAY PLAZA, SUITE 300		3. Date of Earliest Transaction (Month/Day/Year) 05/06/2014				-	Office	r (give title belo	ow)(ther (specify b	elow)		
(Street) HOUSTON, TX 77046			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Secu				rities A	Acquii	red, Dispo	sed of, or I	Beneficially (Owned	
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)	(A) or Disp		posed of (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following (s)	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
			(Monuil/Day/Tear)	Code	V A		A) or (D) I	Price	(mon. 5 u	34. 3 4.14 1)		or Indirect (I) (Instr. 4)	(Instr. 4)
COMMON STOCE	ζ (5/06/2014		A	3	,763 A	. 9	\$ 0	42,448			D	
Reminder: Report on a s	separate line for e	ach class of securi	ties beneficiany ow	F	Person contain	s who re ned in thi	s form	n are	not requ		ormation spond unlestrol number	s	1474 (9-02)
Reminder: Report on a s	separate line for e	ach class of securi	ties belieficially ow	F	Person contain	s who re ned in thi	s form	n are	not requ	ired to res	spond unles	s	1474 (9-02)
1. Title of Derivative (Instr. 3) 2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Ye	Table II - D (e 3A. Deemed Execution Date	erivative Securitics, puts, calls, wa 4. Transaction 1 Code (ear) (Instr. 8)	es Acquirec rrants, opt 5. Number of Derivative Securities Acquired (A) or Disposed	Person contain the form d, Disposions, co 6. Date and Exp	is who re ned in thi m display	s form ys a co r Benef securi ble ate	ficiallities) 7. Tit Amo Unde Secur	not requitly valid y Owned the and unt of erlying	OMB cont	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersl Form of Derivati Security Direct (I or Indirects)	11. Nat of Indir Benefic Owners (Instr. 2
1. Title of 2. Derivative Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - D (e 3A. Deemed Execution Date ar)	Perivative Securities.g., puts, calls, wa 4.	es Acquirec rrants, opt 5. Number of Derivative Securities Acquired (A) or	Person contain the form d, Disposions, co 6. Date and Exp	ns who re ned in this m display cosed of, or convertible Exercisab piration Da	s form ys a co r Benef securi ble ate	ficiallities) 7. Tit Amo Unde Secur	not requitly valid y Owned tle and unt of erlying rities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Ownersl Form of Derivati Security Direct (I or Indire	11. Nat of Indin Benefic Owners (Instr. 4

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Israel Robert I NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046	X					

Signatures

/s/ Thomas F. Getten, as attorney-in-fact	05/07/2014
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.