FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APP | ROVAL |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Resp | onses) | | | | | | | | | | | | | | | |
|--|---|--|---|--|------------|------|------------------|--|--|--|---|--|---|---|--|------------|
| 1. Name and Address of Reporting Person * Schroeder Stephen L | | | | 2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X_Officer (give title below) Other (specify below) SVP & Chief Technical Officer 6. Individual or Joint/Group Filing/Check Applicable Line) X_Form filed by More than One Reporting Person Form filed by More than One Reporting Person | | | | |
| NINE GREENWAY PLAZA, SUITE 300 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/27/2014 | | | | | | | X | | | | | |
| (Street) | | | 4 | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | | _X_ F | | | | | |
| HOUSTON, T | (Sta | ate) (| Zip) | Table I - Non-Derivative Securities Acqu | | | | | Acquired, | ired, Disposed of, or Beneficially Owned | | | | | | |
| 1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea | | ; | 2A. Deemed Execution Date, i any (Month/Day/Year | | (Instr. 8) | | (A) or (Instr. : | 4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5) | | | | O F D oi (I | ovmership orm: birect (D) r Indirect | Beneficial Ownership | | |
| Reminder: Report | on a separate | line for each class o | Table II - | Derivati | ive Sec | curi | ties Acqu | P ir a | ersons who | are not red valid OMB | quired to re control nu cially Owne | espond u mber. | | on contained form displays | | 474 (9-02) |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Da | 4. Tr | ansact | ion | 5. Numb | er ative s l (A) sed | 6. Date Exe and Expirat (Month/Day | ercisable ion Date y/Year) | 7. Title and of Underly Securities (Instr. 3 an | ing | 8. Price of Derivative Security (Instr. 5) | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4) | Ownershi Form of Derivative Security: Direct (D) or Indirec | |
| RESTRICTED STOCK UNITS | (1) | 03/27/2014 | | | A | V | (A) 57,401 | (D) | (2) | (2) | Commor | Shares 57,401 | \$ 0 | 57,401 | D | |

Reporting Owners

| Ī | | Relationships | | | | | |
|---|--|---------------|--------------|-------------------------------|-------|--|--|
| | Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| | Schroeder Stephen L NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046 | | | SVP & Chief Technical Officer | | | |

Signatures

| /s/ By Thomas F. Getten, attorney-in-fact for Stephen L. Schroeder | 03/28/2014 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents a contingent right to receive one share of WTI stock or its cash equivalent, as determined at the time of settlement by WTI.
 - The vesting of the restricted stock units is subject to service and performance conditions during calendar year 2014 and a service condition thereafter until December 15, 2016. If these
- (2) conditions are met, then the restricted stock units will vest on December 15, 2016. The number of restricted stock units eligible for vesting is subject to adjustment to reflect the achievement of performance goals by the reporting person during the applicable performance period.

| Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. |
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