-
Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Time of Type Responses)											
1. Name and Address of Hartman Bart P. III	2. Issuer Name <b>and</b> Ticker or Trading Symbol W&T OFFSHORE INC [WTI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
5718 WESTHEIME	3. Date of Earliest Transaction (Month/Day/Year) 05/26/2022						X_Officer (give title below) Other (specify below) VP & Chief Accounting Officer				
HOUSTON, TX 77(	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							ned	
1.Title of Security     2. Transaction       (Instr. 3)     Date       (Month/Day/Yea)			Execution Date, if any	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	× /	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
	Conversion		· · · · · · · · · · · · · · · · · · ·	Code	ion	5. Numbo of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5)	ntive s l (A) sed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	v	(A)		Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Restricted Stock Units	<u>(1)</u>	05/26/2022		А		12,226		(2)	<u>(2)</u>	Common Stock	12,226	\$ 0	12,226	D	

## **Reporting Owners**

		Relationships							
Reporting Owner Name / Address		Director	10% Owner	Officer	Other				
Hartman Bart P. III 5718 WESTHEIMER RD, SUIT HOUSTON, TX 77057	E 700			VP & Chief Accounting Officer					

### Signatures

/s/ Nadege Assale, as attorney-in-fact	05/31/2022
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents a contingent right to receive one share of WTI common stock or its cash equivalent.
- (2) The restricted stock units will vest 1/3 on January 1, 2023, 1/3 on January 1, 2024, and 1/3 on January 1, 2025.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.