| FORM | 4 |
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| Check this box if no |
|-----------------------|
| longer subject to |
| Section 16. Form 4 or |
| Form 5 obligations |
| may continue. See |
| Instruction 1(b). |
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response...

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Think of Type Responses) | | | | | | | | | | | |
|---|----------------------------------|--|--|----------------------|------------|--|---|---|--|--------------------|-------------------------|
| 1. Name and Address of Schroeder Stephen | 2. Issuer Name and W&T OFFSHO | | | · · | əl | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | |
| 5718 WESTHEIME | (First) ER RD, SUITE | 3. Date of Earliest Transaction (Month/Day/Year) 01/01/2022 | | | | | | X Officer (give title below) Other (specify below) SVP & Chief Technical Officer | | | |
| HOUSTON, TX 77 | (Street) 057 | 4. If Amendment, D | ate Original | l File | d(Month/Da | y/Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | f Code (Instr. 8) | | (A) or D | A securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5) | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | Ownership Form: | Beneficial Ownership |
| Common Stock | | 01/01/2022 | | М | | 8,065 | A (1) | <u>(2)</u> | 316,708 | D | |
| Common Stock | | 01/01/2022 | | F | | 3,602 | D | \$ 3.23 | 313,106 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| | (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
|---|--|--|---|------|----------|---|---|--|--------------------|--|--|--------------------------------------|--|--|-------------------------|
| 1. Title of Derivative Security (Instr. 3) | Conversion | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | Code | ion) | of Deri Secu Acq (A) Disp of (I | ivative urities uired or posed D) tr. 3, 4, | 6. Date Exercisable and Expiration Date | | 7. Title and Amount of Underlying Securities | | Derivative Security (Instr. 5) | Securities Beneficially Owned Following Reported Transaction(s) | Ownership Form of Derivative Security: Direct (D) or Indirect | Beneficial Ownership |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |
| Restricted Stock Units | (2) | 01/01/2022 | | М | | | 8,065 | (1) | <u>(II)</u> | Common Stock | 8,065 | \$ 0 | 16,128 | D | |

Reporting Owners

| | Reporting Owner Name / Address | Relationships | | | | | | | |
|--|---|---------------|--------------|-------------------------------|-------|--|--|--|--|
| | | Director | 10% Owner | Officer | Other | | | | |
| | Schroeder Stephen L 5718 WESTHEIMER RD, SUITE 700 HOUSTON, TX 77057 | | | SVP & Chief Technical Officer | | | | | |

Signatures

/s/ Shahid Ghauri, attorney-in-fact for Stephen L. Schroeder 01/04/2022 Date **Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On January 1, 2022, reporting person's 8,065 restricted stock units, which were granted on June 28, 2021, vested, and the reporting person received 8,065 shares of common stock.

(2) Each restricted stock unit represents a contingent right to receive one share of WTI stock or its cash equivalent, as determined at the time of settlement by WTI.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.