UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Ghauri Shahid			2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 5718 WESTHEIMER RD, SUITE 700				3. Date of Earliest Transaction (Month/Day/Year) 01/01/2022						X Officer (give title below) Other (specify below) See Remarks				
(Street) HOUSTON, TX 77057			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu						uired, Disposed of, or Beneficially Owned					
(Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution	ny	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Transaction(s)		6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
				(Monui/Da	iy/ i eai	Code	V Aı	mount (A)	or	or Ind (I)		or Indirect	(Instr. 4)	
Common S	Stock		01/01/2022			M	6,	855 A (1	(2) 1	26,142			D	
C 6	Stock		01/01/2022			F	3,	061 D	\$ 3.23 1	23,081			D	
Common S Reminder: Re	eport on a se	parate line for each	n class of securities	beneficially	owned	directly o	Persons contain	who respect in this f	orm are no	collection ot required lid OMB co	l to respor	nd unless tl		1474 (9-02
	eport on a se	parate line for each	n class of securities	beneficially	owned	directly o	Persons contain	who respect in this f	orm are no	ot required	l to respor	nd unless tl		1474 (9-02)
Reminder: Re 1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yea	Table II -	Derivative (e.g., puts, c) 4. Transact	Securit calls, was 5. tion of De) Se Ac (A Di	ies Acquinarrants, o Number erivative curities equired) or sposed	Persons containe form dis	who respect in this faplays a cused of, or Buvertible security of the security	orm are no rrently val eneficially (curities)	ot required lid OMB co Owned and Amount lying	to respor	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Owners Form of Derivat Security Direct (or Indir	11. Nathing of India Benefic Owners (Instr. 4)
Reminder: Re 1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - (3A. Deemed Execution Date, any	Derivative (e.g., puts, c) 4. Transact	Securities 5. tion of Dee Ac (A Di of (Ir	ies Acquirarrants, o Number crivative curities cquired) or	Persons contain form dis red, Dispo ptions, con 6. Date Ex and Expira	who respect in this faplays a cused of, or Buvertible security of the security	eneficially (curities) 7. Title an of Underly Securities	ot required lid OMB co Owned and Amount lying s and 4)	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficially Owned Following	of 10. Owners Form of Derivat Security Direct (or Indir	11. Nath of India Benefit Owner (Instr.
Reminder: Re 1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - (3A. Deemed Execution Date, any	Derivative (e.g., puts, c) 4. Transact	Securities 5. tion of Dee Ac (A Di of (Ir	ies Acquiarrants, o Number erivative curities equired) or sposed (D) sistr. 3, 4, d 5)	Persons contain form dis red, Dispo ptions, con 6. Date Ex and Expira	s who respect in this to a plays a cu sed of, or B exercisable and the second and	eneficially (curities) 7. Title at of Underly Securities (Instr. 3 a	ot required lid OMB co Owned and Amount lying	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficially Owned Following Reported Transaction	of 10. Owners Form of Derivat Security Direct (or Indir (s) (I)	11. Nath of India Benefit Owner (Instr.

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Ghauri Shahid 5718 WESTHEIMER RD, SUITE 700 HOUSTON, TX 77057			See Remarks		

Signatures

/s/ Shahid Ghauri	01/04/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On January 1, 2022, reporting person's 6,855 restricted stock units, which were granted on June 28, 2021, vested, and the reporting person received 6,855 shares of common stock
- (2) Each restricted stock unit represents a contingent right to receive one share of WTI stock or its cash equivalent, as determined at the time of settlement by WTI.

Remarks:

Vice President, General Counsel and Corporate Secretary

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.