FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | Responses) | | | | | | | | | | | | | | |
|--|---|--------------------------------------|--|--|--|---|--|--|---|---|--|---------------------------------|---|--|--|
| 1. Name and Address of Reporting Person* KROHN TRACY W | | | | 2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director _X_Officer (give title below) Chairman, CEO & President | | | | |
| (Last) (First) (Middle) 5718 WESTHEIMER RD, SUITE 700 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 12/15/2021 | | | | | | _x | | | | | |
| HOUSTO | N TY 770 | (Street) | | 4. If Amen | dment, [| Date Origina | ıl Filed(N | Month/Day/Y | ear) | _X_ | Form filed by | One Reporting I | p Filing(Check Person Reporting Person | Applicable Li | ne) |
| (City) | | (State) | (Zip) | | | Table I - I | Non-Der | ivative S | ecuritio | es Acquirec | l, Disposed | of, or Benef | ficially Owne | ·d | |
| 1.Title of Sec (Instr. 3) | curity | | 2. Transaction Date (Month/Day/Year) | any | ution Date, if | (Instr. 8) | | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | of (D) Ov | 5. Amount of Securities Benefic Owned Following Reported Transaction(s) | | d | Form: | 7. Nature of Indirect Beneficial |
| | | | | (Month/D | ay/Year) | Code | V | Amount | (A) or (D) | | nstr. 3 and 4) | | | Direct (D) Ownersh (Instr. 4) (Instr. 4) | |
| Common S | Stock | | 12/15/2021 | | | M | 2 | 290,540 | A (1) | (2) 48 | 3,077,552 | | - | D | |
| Common S | Stock | | 12/15/2021 | | | F | 1 | 114,328 | D | \$ 3.31 47 | 7,963,224 | | | D | |
| | | | | | | | Doroot | aa uuba r | | d to the e | allaatian a | f informati | ian aantain | ad CEC | 1474 (0.02) |
| | | | Table II - | | | | in this a curre ed, Disp | form are ently vali | e not r id OMI or Bene | equired to B control : eficially Ow | number. | | ion contain form displa | | 1474 (9-02) |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, it | 4. Transact Code | 5. N ion Deri Secu Acq or D (D) | furnats, op fumber of ivative arities uired (A) bisposed of tr. 3, 4, | ed, Dispotions, co | form are ently vali | e not r id OMI or Bene e secur ole ate | equired to B control : eficially Ow | o respond on number. wned I Amount ing | 8. Price of Derivative Security | 9. Number of Derivative Securities Beneficially Owned Following Reported Transactions | f 10. Owners Form o Derivat Security Direct (or Indir | 11. Nature of Indire Beneficity Owners! (Instr. 4) |
| Derivative Security | Conversion or Exercise Price of Derivative | Date | 3A. Deemed Execution Date, it | 4. Transact Code | 5. N Deri Secu Acq or D (D) | furnats, op fumber of ivative arities uired (A) bisposed of tr. 3, 4, | in this a curre ed, Dispetions, ce 6. Date and Exp (Month) | form are ently validations of the convertible Exercisab prince of the convertible (Day/Year | e not r id OMI or Bene e secur ole ate r) | equired to B control of eficially Owities) 7. Title and of Underly Securities | o respond on number. wned I Amount ing | 8. Price of Derivative Security | 9. Number of Derivative Securities Beneficially Owned Following Reported | f 10. Owners Form o Derivat Security Direct (or Indir | 11. Nature of Indire Beneficity Owners! (Instr. 4) |

Reporting Owners

| | Relationships | | | | | |
|---|---------------|--------------|---------------------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| KROHN TRACY W 5718 WESTHEIMER RD, SUITE 700 HOUSTON, TX 77057 | X | X | Chairman, CEO & President | | | |

Signatures

| /s/ By Shahid Ghauri, attorney-in-fact for Tracy W. Krohn | 12/22/2021 |
|---|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 15, 2021, reporting person's 290,540 restricted stock units, which were granted on June 4, 2019, vested, and the reporting person received 290,540 shares of common stock.

(2) Each restricted stock unit represents a contingent right to receive one share of WTI stock or its cash equivalent, as determined at the time of settlement by WTI.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.