# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0	287			
Estimated average burden					
nours per response	e	0.5			

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1												
1. Name and Address of Reporting Person* Conwill Daniel O. IV				2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last) (First) (Middle) 5718 WESTHEIMER RD, SUITE 700				3. Date of Earliest Transaction (Month/Day/Year) 05/04/2021						Offi	cer (give title bel	ow)	Other (specify b	elow)		
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Form	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person					
HOUSTON, TX 77057 (City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						uired, Dis	ired, Disposed of, or Beneficially Owned					
(Instr. 3) Da		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disposed of		of (D	Benefici Reporte	ant of Securities ially Owned Following d Transaction(s)		Ownership Form:	Beneficial		
						ode	V	Amour	(A) or (D)	Pric	e (Instr. 3	nd 4)		\ /	Ownership (Instr. 4)	
Common	Stock		05/04/2021				A		20,834 1)	4 A	\$ 0	20,834			D	
			Table II - 1				equire	the for ed, Disp	rm dis	splays a	curr nefici	ently vali	d OMB con	spond unle trol numbe		
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	n 3A. Deemed Execution Da	4. Tran Code	4. Transaction Code (Instr. 8)		ber vative rities ired r	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ar Ur Se	Title and mount of nderlying curities astr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownersh Form of Derivativ Security: Direct (D or Indirect	Beneficia Ownershi (Instr. 4)	
				Cod	le V	(A)	(D)	Date Exercis		Expiration Date	on Ti	Amour or Number of Shares				

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Conwill Daniel O. IV 5718 WESTHEIMER RD, SUITE 700 HOUSTON, TX 77057	X						

# **Signatures**

/s/ Shahid Ghauri, as attorney-in-fact	05/06/2021
**Signature of Reporting Person	Date

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Restricted Stock Grant pursuant to the W&T Offshore, Inc.'s 2004 Directors Compensation Plan. The award will vest on May 4, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.