### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	/AL
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hours per response	0.5

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Finit of Type	Responses)														
1. Name and Address of Reporting Person* Williford William J			2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]					5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 5718 WESTHEIMER RD, SUITE 700				3. Date of Earliest Transaction (Month/Day/Year) 12/15/2020							X Officer (give title below) Other (specify below)  See Remarks				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
HOUSTON, TX 77057 (City) (State) (Zip)															
			2. Transaction	2A. Deem	action 4. Securities Acquired				uired, Disposed of, or Beneficially Ow  5. Amount of Securities Beneficially				7. Nature		
1.Title of Security (Instr. 3)			Date (Month/Day/Year)	Execution any	xecution Date, if	Code (Instr. 8)	(	(A) or Disposed of (Instr. 3, 4 and 5)		of (D) Owned Follow		wing Reported		Ownership Form:	of Indirect Beneficial
				(Month/Da	iy/Year)	Code	V	Amount	(A) or (D)	Price	msu. 3 and 4	and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common S	Stock		12/15/2020			M	2	24,217	A (1)	<b>(2)</b> 1	14,111			O	
	Stock		12/15/2020			F	9	9,530	D	\$ 2.57 1	04,581			D	
Reminder: Re	eport on a se	parate line for each	class of securities	beneficially	owned o		Persor	ns who			collection				474 (9-02)
	eport on a se	parate line for each	Table II -	Derivative	Securiti	es Acquir	Persor contain form d	ns who ned in the lisplays	this for a curr , or Ben	m are no ently val eficially C	t required tid OMB cor	to respond	d unless the		474 (9-02)
Reminder: Re			Table II -	Derivative	Securiti	es Acquir	Person contain form d ed, Disp	ns who ned in the lisplays posed of, onvertib	this for a curr , or Ben ble secu	m are no ently val eficially C rities)	ot required to tred to the control of the control o	to respond ntrol numb	d unless the per.		, ,
Reminder: Re	2. Conversion or Exercise Price of Derivative Security	3. Transaction	Table II -  3A. Deemed Execution Date,	Derivative (e.g., puts, 4. Transact Code	Securiticalls, was 5. N of E Sec or E of (i	ues Acquire rerants, op Jumber Derivative urities quired (A) Disposed D) tr. 3, 4,	Persor contain form d ed, Disp tions, c 6. Date and Exp	ns who ned in the lisplays cosed of, convertible Exercisa	this for s a curr , or Ben ble secur able Date	m are no ently val eficially C rities)	ot required to id OMB con  Owned  Ind Amount lying s	to respond ntrol number	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(	f 10. Ownersl Form of Derivati Security Direct (I or Indire s) (I)	ip of Indire Benefici Owners! (Instr. 4)
Reminder: Re	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II -  3A. Deemed Execution Date, any	Derivative (e.g., puts, 4. Transact Code	Securiticalls, was 5. N of E Sec or E of ((Ins	es Acquirrrants, op fumber Derivative urities urities urities (A) Disposed D) tr. 3, 4, 5)	Persor contain form d ed, Disp tions, c 6. Date and Exp	ns who ned in to lisplays  cosed of, convertit  Exercise coiration I //Day/Ye  Ex	this for s a curr s or Ben ble secun able Date har)	m are no ently valueficially Crities)  7. Title are of Underly Securities	ot required to id OMB con  Owned  Ind Amount lying s	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Ownersh Form of Derivati Security Direct (I or Indire	ip of Indire Benefici Owners! (Instr. 4)

Ī		Relationships				
	Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
	Williford William J 5718 WESTHEIMER RD, SUITE 700 HOUSTON, TX 77057			See Remarks		

## **Signatures**

/s/ Shahid Ghauri, attorney-in-fact for William J. Williford	12/17/2020
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- On December 15, 2020, reporting person's 24,217 restricted stock units, which were granted on August 30, 2018, vested, and the reporting person received 24,217 shares of common (1) stock.
- (2) Each restricted stock unit represents a contingent right to receive one share of WTI stock or its cash equivalent, as determined at the time of settlement by WTI.

### Remarks:

Executive Vice President and General Manager of Gulf of Mexico

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.