FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	5)														
1. Name and Address of Reporting Person * Schroeder Stephen L					2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director10% Owner				
(Last) (First) (Middle) NINE GREENWAY PLAZA, SUITE 300					3. Date of Earliest Transaction (Month/Day/Year) 05/04/2009							X Officer (give title below) Other (specify below) Chief Operating Officer				
(Street) HOUSTON, TX 77046				4.	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqu							nired, Disposed of, or Beneficially Owned				
(Instr. 3)			2. Transaction Date (Month/Day/	Year) Ex	A. Deemed xecution Date, in Month/Day/Yea		(Instr. 8)	ction			d of (D) Beneficia	ally Owned Following Transaction(s)		Ownership Form: B Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	V	Amou	(A) o	r Pric				(I) (Instr. 4)	(msu. 1)
COMMON STOCK 05/04/2009			9	A 7,849 A \$ 0 102,496					D							
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Yo	3A. Dee Execution	(e.g. med on Date, i	, puts, calls	ion	ies Acquire arrants, opt	the foot d, Distions, 6. Da	orm dis sposed conver	of, or Be tible sec cisable on Date	neficia urities 7. 7 An Un Sec	ently valid		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	of 10. Owners Form of Derivati Security Direct (or Indir	Ownership (Instr. 4)
					Code	V	(A) (D)	Date Exerc	cisable	Expiration Date	on Tit	Amount or Number of Shares				
Reporting Owners																
Reporting Owner Name / Address Dire					Relationships											
				Director	etor 10% Officer					Other						

Chief Operating Officer

Signatures

Schroeder Stephen L

HOUSTON, TX 77046

/s/ STEPHEN L. SCHROEDER	05/04/2009
**Signature of Reporting Person	Date

Explanation of Responses:

NINE GREENWAY PLAZA, SUITE 300

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.