FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Check this box to indicate that a
	transaction was made pursuant to a
	contract, instruction or written plan for the
	purchase or sale of equity securities of the
	issuer that is intended to satisfy the
	affirmative defense conditions of Rule
	10b5-1(c). See Instruction 10.
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Name and Address of Reporting Person* Williford William J			2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]		onship of Reporting Person(s) t all applicable)	to Issuer
(Last) 5718 WESTHEIN	(First) MER RD, SUITE 700	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/01/2024	X	Officer (give title below) EVP & Chief Operating	Other (specify below)
(Street) HOUSTON	TX	77057	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individ	dual or Joint/Group Filing (Chec Form filed by One Reporting Form filed by More than One	Person
(City)	(State)	(Zip)				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	01/01/2024		M		8,063	A ⁽¹⁾	(2)	156,785	D	
Common Stock	01/01/2024		F		3,601	D	\$3.26	153,184	D	
Common Stock	01/01/2024		M		18,017	A ⁽³⁾	(2)	171,201	D	
Common Stock	01/01/2024		F		8,045	D	\$3.26	163,156	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		Derivative		6. Date Exerc Expiration D (Month/Day/	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units	(2)	01/01/2024		M			8,063	(1)	(1)	Common Stock	8,063	\$0	0	D	
Restricted Stock Units	(2)	01/01/2024		M			18,017	(3)	(3)	Common Stock	18,017	\$0	18,016	D	

Explanation of Responses:

- 1. On January 1, 2024, the reporting person's 8,063 restricted stock units, which were granted on June 28, 2021, vested, and the reporting person received 8,063 shares of common stock. This represents the vesting of the final tranche of the grant.
- 2. Each restricted stock unit represents a contingent right to receive one share of common stock or its cash equivalent, as determined at the time of settlement by WTI. Each grant of restricted stock units vests in three installments
- 3. On January 1, 2024, the reporting person's 18,017 restricted stock units, which were granted on May 26, 2022, vested, and the reporting person received 18,017 shares of common stock. This represents the vesting of the second tranche of the grant.

/s/ Jonathan Curth, as attorney-in-01/03/2024 fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure,

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.