FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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SEC 1474 (9-02)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address KROHN TRACY	2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director _X_ 10% Owner X_ Officer (give title below)					
(Last) NINE GREENWA	AY PLAZA,	(Middle) SUITE 300	3. Date of Earliest Transaction (Month/Day/Year) 09/07/2016					[X_Officer (give title below)Other (specify below) Chairman & CEO			
HOUSTON, TX 7	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Т	able I - No	on-D	erivative Secu	rities .	Acqui	red, Disposed of, or Beneficially	Owned		
1.Title of Security (Instr. 3)			2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	v	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
Common Stock		09/07/2016		Р		1,412,660	A	<u>(1)</u>	41,461,824	Ι	By the Tracy William Krohn Living Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transacti	on	Numl	Jumber and Expiration Date A		Amo	unt of	Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		of	(Month/Day/Year)		Unde	rlying	Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Deriv	ative	ve		Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Secur	ities	s		(Instr. 3 and			Owned	Security:	(Instr. 4)
	Security					Acqu	ired	d b		4)			Following	Direct (D)	
						(A) o	r						Reported	or Indirect	
						Disposed					Transaction(s)	(I)			
						of (D)						(Instr. 4)	(Instr. 4)	
						(Instr	· · · ·								
						4, and	15)								
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Excicisable	Date		of				
				Code	V	(A)	(D)				Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
KROHN TRACY W NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046	х	Х	Chairman & CEO					

Signatures

/s/ By Thomas F. Getten, attorney-in-fact for Tracy W. Krohn	09/13/2016
"Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person is the primary beneficiary of the Tracy William Krohn Living Trust (the "Trust"), which was created by the reporting person as grantor of the Trust. The reporting person also serves as the trustee of the Trust. On September 7, 2016, the Trust exchanged \$16,600,000 aggregate principal amount of the Issuer's 8.500% Senior
- (1) Notes due 2019 pursuant to an Issuer exchange offer for (i) 1,412,660 shares of common stock of the Issuer, (ii) \$3,734,000 aggregate principal amount of the Issuer's 9.00% / 10.75% Senior Second Lien PIK Toggle Notes due 2020 and (iii) \$3,320,000 aggregate principal amount of the Issuer's 8.50% / 10.00% Senior Third Lien PIK Toggle Notes due 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.