FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses) 1. Name and Address of Reporting Person * Stanley B Frank		2. Issuer Name and Ticker or Trading Symbol W&T OFFSHORE INC [WTI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X_ Director10% Owner					
(Last) (First) (Middle) NINE GREENWAY PLAZA, SUITE 300			3. Date of Earliest Transaction (Month/Day/Year) 05/04/2016				Office	r (give title belo	ow)(other (specify b	elow)	
(Street) HOUSTON, TX 77046			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City)	(State)	(Zip)	Tal	ble I - Non-	-Derivat	ive Securitie	s Acqu	ired, Disp	osed of, or I	Beneficially (Owned	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)	(A) or Disposed		of (D) Benefic Report		nount of Securities icially Owned Following ted Transaction(s) 3 and 4)		6. Ownership Form: Direct (D)	Beneficial Ownership
				Code	V Aı	mount (A) o	r Price	:			or Indirect (I) (Instr. 4)	(Instr. 4)
COMMON STOCK	(05/04/2016		A	31	1,532 A	\$ 0	114,834	1		D	
Reminder: Report on a s	eparate line for e	acti class of securi	nes beneficially ow	F	Persons contain	who respo	rm are	not requ	uired to res	formation spond unlest trol number	ss	1474 (9-02)
Reminder: Report on a s	eparate line for e	ach class of securi	nes beneficially ow	F	Persons contain	who respo	rm are	not requ	uired to res	spond unles	ss	1474 (9-02)
1. Title of 2.	3. Transaction Date (Month/Day/Yes	Table II - D (e 3A. Deemed Execution Date	erivative Securities.g., puts, calls, wa 4. 2. 3. 4. Code (Instr. 8) (Instr. 8)	es Acquired rrants, opt 5. Number of Derivative Securities Acquired (A) or Disposed of (D)	Persons contained, Disposions, con	s who respond ed in this for an displays a sed of, or Be	neficial urities) 7. T Am Und Sect	not requesting ntly valid	OMB conf	spond unlestrol number	f 10. Ownersl Form of Derivati Security Direct (l or Indire	11. Natur of Indire Benefici (Instr. 4)
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - D (e 3A. Deemed Execution Date an)	erivative Securities.g., puts, calls, was 4. Transaction 1 Code (arr) (Instr. 8) (1) (1) (1) (2) (3) (4) (6) (6)	es Acquired rrants, opt 5. Number of Derivative Securities Acquired (A) or Disposed	Persons contained, Disposions, con	s who responded in this form the displays a sed of, or Benvertible sec Exercisable iration Date	rm are curre neficial nrities) 7. T Am Unc Sec (Ins	e not requestly valid and ount of lerlying urities tr. 3 and	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersl Form of Derivati Security Direct (l or Indirects)	11. Natu of Indire Benefici Ownersl (Instr. 4
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	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Stanley B Frank NINE GREENWAY PLAZA, SUITE 300 HOUSTON, TX 77046	X					

Signatures

/s/ Thomas F. Getten, as attorney-in-fact	05/06/2016
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.